# TODAY AT EPIPHANY - MARCH 2, 2025

#### CHILDREN'S MINISTRIES | Children's Chapel-during the service

Children up to 3<sup>rd</sup> grade are invited to gather at the cross by the Choir Loft during the last verse of the Sequence Hymn and follow the cross to chapel after the reading of the Gospel. They return at the Peace. Parents are welcome to join them.

### FORMATION | Adult Formation—Sundays at 11:30 a.m. • locations vary

- 1. Seeking Shalom: Often translated "peace," the biblical word *shalom* entails far more than just the absence of war and conflict. *Shalom* describes God's grand and beautiful dream for a world in which wholeness and healing are cultivated at the level of just societies and flourishing communities. This five-part study offers an in-depth exploration of the biblical concept of shalom, including its various spiritual, social, and economic dimensions. Emphasis will be placed on how we can respond to the call to shalom through the ministries of the church and our own lives of faith. Presented by Dr. Ryan Bonfiglio, Founding Director of the Candler Foundry. *Dates: March 2, 9, 16, 23 and 30 in the Parish Hall*
- 2. Faithful Families: Parents of children and youth are invited to join others on the parenting journey for a five-part book study beginning March 9. We will read and reflect on *Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People* by H. Stephen Glenn. Facilitated by Cristin & Jeremy Davis. *Dates: March* 9, 16, 23, 30 and April 6 upstairs in the Music Suite

# FORMATION | Children & Youth-Sundays at 11:30 a.m. • locations vary

- Godly Play–Ages 3 3<sup>rd</sup> grade, Room 203
- Youth Formation–4<sup>th</sup> 8<sup>th</sup> Grade, Donut Den
- High School Coffee Hour–9<sup>th</sup> 12<sup>th</sup> Grade, Room 201

# YOUTH MINISTRIES | Youth Group

Tonight the Youth Group will meet at 5:00 p.m. at Holy Trinity Parish (515 E Ponce de Leon Ave, Decatur, GA 30030) for a joint youth meal at Coyote's Mexican Grill. Please send your youth with \$12-\$15 (cash is preferable), and plan to pick them up at 6:30 p.m. at Holy Trinity.

THE ARRANGEMENTS AT THE ALTAR ARE GIVEN TO THE GLORY OF GOD and in thanksgiving for the congregation of Epiphany, by Ruth Olson.

The Sanctuary Light is given to the Glory of God.

Altar Arrangements & the Sanctuary Light can be given in honor of an anniversary, birthday, or in memory of a loved one. Visit epiphany.org/rsvp to reserve dates that have meaning for you.

# THIS WEEK AT EPIPHANY

# WORSHIP | Weekday Services—visit epiphany.org/worship-services for details

- Weekday Morning Prayer–9:00 a.m. online, request the login link from the parish office.
- Tuesday Morning Prayer (Holy Eucharist 1<sup>st</sup> Tuesdays)–7:00 a.m. in the side chapel
- Wednesday Noonday Prayer will not take place this week due to the Ash Wednesday service at noon.

# COMMUNITY ENGAGEMENT | Non-Food Pantry Drive-During the month of March

The Episcopal Church Women (ECW) sponsor a pantry drive twice a year for Emmaus House for items not covered by the SNAP Program. This time for the month of March, we are collecting collect bar soap, toothpaste, and toothbrushes with a goal of 75 donations for each item. Bins for donations are in the gallery.

# PARISH GROUP | Men's Breakfast Group-Tuesdays following the 7:00 a.m. service

3/4—The Men's Breakfast Group gathers for breakfast and discussion following the 7:00 a.m. Tuesday service and are typically on their way by 8:00 a.m. Log into Realm to contact John Yntema with any questions.

# PARISH LIFE & LITURGY | Shrove Tuesday

3/4—Come at 5:30 p.m. to help decorate the Alleluia Banner. All ages welcome! Then join us at 6:00 p.m. for pancakes (cooked by our Youth) and/or potluck Cajun (you bring it). There will be King Cake for dessert. The

Burning of the Palms Liturgy will follow. Please RSVP for the pancakes so we know how much to cook. Adult volunteers are needed to help the youth set-up, cook, or clean up. Both sign ups can be found at epiphany.org/rsvp. Youth interested in helping cook should reach out to Taylor Irwin / tirwin@epiphany.org. Gluten-free options will be available.

#### LITURGY | Ash Wednesday

3/5–We will observe the beginning of Lent with Ash Wednesday services at 12:00 & 7:00 p.m. in the nave and online.

#### PASTORAL CARE | The Grief Pastoral Care Group-1<sup>st</sup> Thursdays at 12:00 p.m. • Zoom

3/6—The group meets online each month for a healing and faith-based conversation around grief and loss. It is led by parishioner and trained psychotherapist, Nancy Thompson. Please log into Realm to contact Nancy before attending for the first time.

# LENT PRACTICES

# GIVING | United thank Offering (UTO)-make a practice of thank offerings during Lent

In 1889, two Episcopal women envisioned a way to collect small thank offerings in homes as a personal expression of gratitude. Today, UTO contributions from Episcopalians around the world support more than 5,300 Episcopal missions and ministries. UTO boxes/envelopes are in the Gallery. Make checks out to The Episcopal Church Women, noting UTO in the memo. Ingathering will be Sunday, April 27.

#### DEVOTIONALS | From Living Compass-free in the gallery, limited supply

If you are looking for a Lenten devotional to read as a spiritual practice during Lent, pick up one of the Living Compass booklets in the gallery: *Living Well Through Lent 2025: Cultivating the Fruit of the Spirit In Heart, Soul, Strength, and Mind.* Prefer a digital practice? A free PDF version is also available at livingcompass.org. You can also sign up to receive a daily email of each reflection for free.

#### MEDITATIONS | From Episcopal Relief & Development (ERD)-free online

You're invited to subscribe to ERD's Lenten Meditations! Visit episcopalrelief.org/church-in-action/lent/ to sign up for daily meditation emails, written by Jerusalem Jackson Greer, on the divine gifts we find in community.

# UPCOMING SERVICES & EVENTS

# WORSHIP | Family Eucharist Service & Service Project-all activities in the parish hall

3/18–Join us for a Family Eucharist at 6:15 p.m. Arrive by 6:00 p.m. if you'd like to eat pizza together, or come at 5:00 p.m. to take part in the Family Service Project. RSVP for the pizza at epiphany.org/rsvp.

#### MUSIC & FORMATION | The Bach/Biber Project-Sunday, March 23 at 4:00 p.m. • Nave

3/23—Join us for the fourth in a series of 6 performances of the Bach/Biber Project. Violinist Judith Cox and organist Julie Ryder will present J.S. Bach's Partita No. 2 in D minor for Violin Solo, BWV 1004, and H.I.F. Biber's Rosary Sonatas: IX. Jesus Carries the Cross and X. Crucifixion. Donations welcome. For more information, visit Bach/Biber Project at bachbiberproject.com.

#### YOUTH MINISTRIES | Vacation Bible School: June 16 - 20 at St. Bartholomew's Episcopal Church

This year's VBS theme is Be Loved. Be Kind. Be You. We will explore compassion for others, ourselves, and the world through a variety of activities and service projects. Children ages rising pre-K through 5<sup>th</sup> grade are invited to register as participants, and all youth rising 6<sup>th</sup> recently graduated are invited to register as counselors. The registration link is located at epiphany.org/rsvp.

# UPCOMING MEETINGS & ONGOING PROGRAMS

**FORMATION** | **Contemplative Practice**—*join us in the Choir Loft at* 4:00 *p.m.* 3/9—Come gather with us at 4:00 p.m. for a time of reflection, meditation instruction, and gathering with

others seeking a more grounded way of being in the world. Led by Bobbi Patterson, Elizabeth Ura, and the Rev. Amy Dills-Wright. Questions? Contact Amy at adillswright@epiphany.org.

PARISH GROUPS | Epiphany Book Group—2<sup>nd</sup> Mondays at 7:00 p.m. • location varies 3/10—The Epiphany Book Group meets on second Mondays at 7:00 p.m. See listing below for titles and location. All are welcome. Log into Realm to contact Linda Ryder-Wolf if you have any questions. Book Selection for March: Soil by Camille Dungy (Epiphany)

PARISH GROUPS | The Episcopal Church Women (ECW) $-2^{nd}$  Tuesdays at 9:30/11:30 a.m. • parish hall 3/11–The ECW meets on the  $2^{nd}$  Tuesday of the month at 9:30 a.m. to make sandwiches for Emmaus House. The meeting and program begins at 11:00 a.m. in the parish hall. Our speaker for March is Larry Witherspoon, the director of the Jumpstart Automotive Training Center for at-risk youth and young adults. Afterwards, we will adjourn to Melton's App & Tap for lunch. All women of Epiphany are invited to attend.

PARISH GROUPS | Trivia Group—Tuesdays at 7:00 p.m. • Wild Heaven in Avondale Estates 3/11—All are invited to join the Epiphany Trivia Group on Tuesdays at Wild Heaven in Avondale. Trivia begins at 7:00 p.m. and ends by 9:00 p.m. Questions? Log into Realm to contact Edie Brush or Jacob Geiger.

**COMMUNITY ENGAGEMENT** | **Gateway Center Meal Ministry**—*meals served* 2<sup>nd</sup> *Fridays of the month* 3/12-14—Volunteers cook in the Epiphany kitchen and then serve the meal at Gateway Shelter on 2<sup>nd</sup> Fridays. To help prepare, cook, or serve the meal, visit epiphany.org/rsvp.

PASTORAL CARE | Caregiver Group-2<sup>nd</sup> Fridays at 11:45 p.m. • Zoom

3/14—Epiphany's Caregiver Group meets on the 2<sup>nd</sup> Friday of the month at 11:45 a.m. on Zoom. Parish members who are caring for a loved one gather to talk about their experience and support one another. The group is co-facilitated by parishioner Nancy Thompson, a Georgia-licensed psychologist, and by parishioner Anne Bucey, a trained spiritual advisor. If you are interested in joining this group, please contact Nancy Thompson.

PARISH GROUPS | The Munch Bunch—3<sup>rd</sup> Wednesdays at 1:00 p.m. • Thinking Man Tavern 3/19—Give yourself a mid-week-treat and join friends and friends-to-be for lunch at 1:00 p.m. at the Thinking Man Tavern on Howard Avenue in Decatur. No agenda. No reservation needed. Just fun. Log into Realm to contact Laura Keys if you have any questions.

PASTORAL CARE | The Community of Hope's Circle of Care—Last Mondays of the month • parish hall 3/24—Members gather to pray, learn, and provide each other with mutual support as they reflect on their emotional and spiritual responses to pastoral encounters. If you or a loved one would like to receive a pastoral visit or home communion by one of the trained caregivers, please login to Realm to contact Ann Fowler.

BULLETIN ANNOUNCEMENTS—40 words or less—are due by <u>NOON on Wednesdays</u>. Longer versions may run in the *Friday eNews*. Email submissions to parishadmin@epiphany.org.